

# Light-Induced Caspase-3-Responsive Chimeric Peptide for Effective PDT/Chemo Combination Therapy with Good Compatibility

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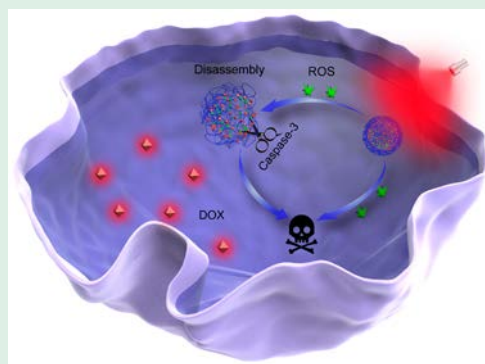


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**ABSTRACT:** Activated doxorubicin (DOX) often has severe systemic toxicity and side effects due to its inability to distinguish tumor cells from normal cells, which seriously affects the prognosis of patients. Here, we synthesized an inactivated a DOX prodrug that could be selectively activated by a light-induced caspase-3 enzyme in the tumor site. In the absence of light, this uniformly dispersed nanoparticle avoided the unnecessary toxicity under physiological conditions. Upon the laser irradiating to the tumor area of interest, the nanoparticles can produce a large amount of reactive oxygen species (ROS) to induce cell apoptosis and activate caspase-3 enzyme to release DOX selectively. Meanwhile, the produced ROS can also combine with activated DOX to cause more potent tumor damage. The experiments demonstrated that the light can effectively activate DOX drug through a series of cascade events and the subsequent synergistic therapy both *in vitro* and *in vivo*. This strategy achieved excellent therapeutic outcomes and minimal adverse effects, which should significantly improve the dilemma of traditional chemotherapy.



**KEYWORDS:** caspase-3-responsive, prodrug activation, tumor target, systemic toxicity, combined therapy

## INTRODUCTION

Small-molecule chemotherapy drugs are still used as a basic clinical treatment.<sup>1,2</sup> However, their indiscriminate toxicity is a double-edged sword with severe side effects. To overcome these issues, some researchers have developed many drug delivery systems (DDSs) to improve tumor targeting and control their releases, such as liposomes,<sup>3</sup> polymers,<sup>4</sup> peptides,<sup>3</sup> and inorganic nanoparticles.<sup>5</sup> Most active drugs were loaded directly by hydrophobic interaction and physical absorption.<sup>6,7</sup> Although they avoided direct contact between the drugs and normal tissues to some extent, there was still leakage of active drugs due to the unstable nanostructure and interaction force, which would cause unnecessary damage at the normal sites. To further compensate for this deficiency, others constructed some small-molecule prodrugs through covalent interaction that could be selectively activated by specific tumor micro-environments, such as an overexpressed enzyme,<sup>8</sup> pH,<sup>9</sup> GSH,<sup>10</sup> and hypoxia.<sup>11</sup> However, specific normal tissues could also express enzymes/receptors at a relatively low level, which would cause the inappropriate prodrug activation and the subsequent systemic toxicity. Compared with the above complex physiological microenvironments, the controllable external stimulus, light, might be an ideal choice as the high spatial and temporal properties.<sup>12,13</sup> It is well-known that the long-wavelength light was more suitable for biological applications than short-wavelength light because of the lower tissue absorption and higher penetration depth.<sup>14</sup> However,

another problem with long-wavelength light is that it is challenging to break the high-energy covalent bonds directly. Given this fact, other indirect activation strategies have been developed by coupling a reactive oxygen species (ROS) responsive linker and photosensitizer molecule in the near-infrared (NIR) region.<sup>15,16</sup> This strategy could not only reduce the side effect but also be applied for chemo-PDT combination therapy.<sup>17–19</sup> It is worth noting that the breakage of a ROS responsive linker would also consume a large amount of ROS, which would impair the efficiency of PDT. Therefore, it is necessary to construct a DDS for efficient PDT/chemo combination therapy with minimal side effects and ultrahigh biocompatibility.

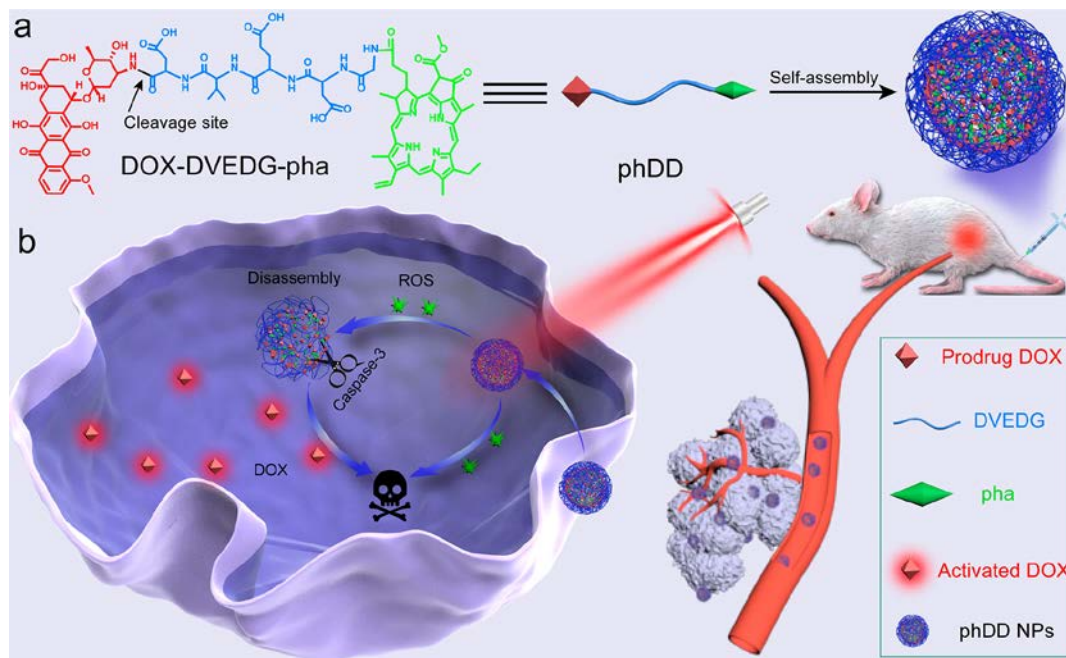
Keeping all these issues in mind, here, we synthesized a simple photosensitizer–anticancer drug conjugate (phDD) by using a light-induced caspase-3-responsive peptide sequence as a linker to connect doxorubicin (DOX) and pheophorbide-a (pha) to the two ends of the peptide chain, respectively. What's more, activating this trigger only after PDT can minimize side effects without compromising photodynamic

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**Scheme 1. (a) phDD Molecules Self-Assemble into Spherical Nanoparticles under Physiological Conditions and (b) phDD Nanoparticles Produced ROS under the Conditions of Light Irradiation and Activated Caspase-3 Enzyme to Further Release DOX for Combined Therapy in Tumor Cells**



67 therapy. As shown in Scheme 1a, the phDD molecules can self-  
 68 assemble into spherical nanoparticles under physiological  
 69 conditions. After injecting into mice through the tail vein, it  
 70 can be enriched to tumor sites through the EPR effect  
 71 (Scheme 1b).<sup>20</sup> Upon the light irradiation, the photosensitizer  
 72 (pha) would produce ROS to initiate the cell apoptosis process  
 73 and further activate the caspase-3 enzyme. Furthermore, the  
 74 activated caspase-3 enzyme could cleave the peptide sequences  
 75 specifically to release the DOX, which would cause the  
 76 subsequent chemotherapy in the tumor site, as expressed in  
 77 Scheme 1b. At the same time, the systemic toxicity caused by  
 78 immature leakage could be avoided due to the caspase-3  
 79 response process that only occurred in the presence of light.

## 80 ■ EXPERIMENTAL SECTION

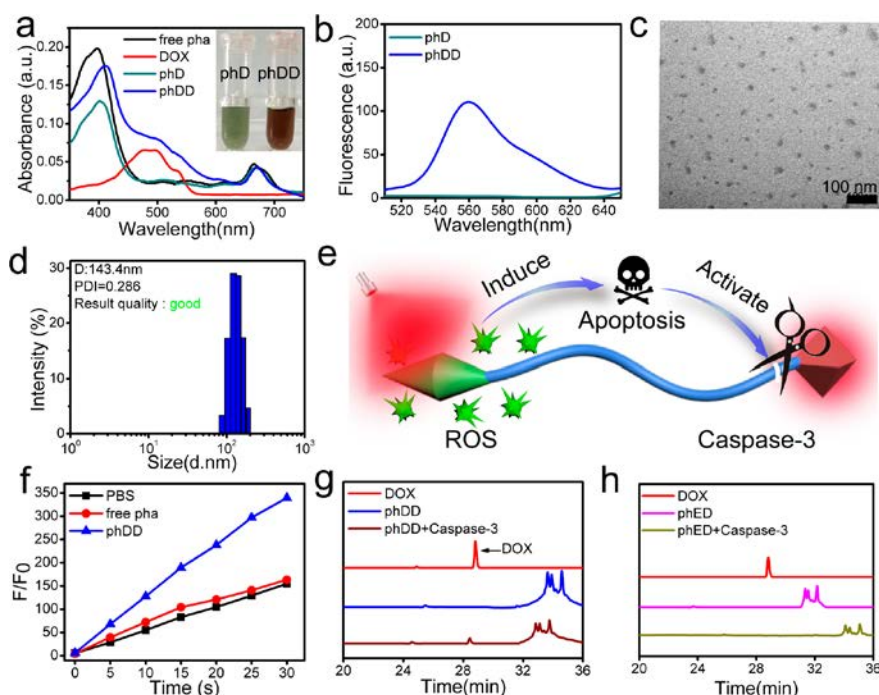
81 **Materials.** 2-Chlorotrityl chlorideresin, Fmoc-protected L-amino  
 82 acids, and HBTU were both obtained via GL Shanghai Biochem Ltd.  
 83 (China). Diisopropylethylamine (DIPEA) and piperidine were gained  
 84 through GL Biochem Ltd. Doxorubicin hydrochloride (DOX-HCl)  
 85 was purchased from Macklin Biochemical Co., Ltd. (Shanghai,  
 86 China). Dulbecco's modified Eagle's medium (DMEM), fetal bovine  
 87 serum (FBS), trypsin, MTT, penicillin, and streptomycin were all  
 88 gained from GIBCO Invitrogen Corp. The pheophorbide-a (pha) was  
 89 obtained by 271 Frontier Scientific (Logan, UT, USA). 2',7'-  
 90 Dichlorodihydrofluorescein diacetate (DCFH-DA) was provided  
 91 through Sigma-273 Aldrich (USA). The caspase-3 enzyme was  
 92 purchased from R&D systems 272 (USA). Triisopropylsilane (TIS)  
 93 and trifluoroacetic acid (TFA) were purchased by Shanghai Reagent  
 94 Chemical Co. (Shanghai, China).

95 **Synthesis of pH, phDD, and pHED.** pH (HOOC-Asp(otBu)-  
 96 Val-Glu(otBu)-Asp(otBu)-Gly-pha) was prepared as in our previous  
 97 report.<sup>21</sup> The 2-chlorotrityl chlorideresin was swollen using anhydrous  
 98 DMF as the solution for about 60 min in nitrogen atmosphere. Fmoc  
 99 group deprotection was performed using 20% piperidine in DMF at  
 100 room temperature for 20 min. HBTU/DIPEA was used as the  
 101 coupling agent to connect amino acids to the peptide on the resin  
 102 sequentially. The pH was collected using the cleavage solution  
 103 (TFA:TIS:H<sub>2</sub>O = 95:2.5:2.5) which was cleaved from the resin for 90

min. Then, we precipitated this final solution into diethyl ether, 104  
 centrifuged, and put it into a vacuum for one night to get the crude 105  
 product. phDD (DOX-DVEDG-pha) was conjugated with doxorubicin 106  
 hydrochloride (1.2-fold excess of pH) in anhydrous DMF 107  
 using DIPEA and HBTU (1.5-fold excess of pH) as the coupling 108  
 agents, where TEA was added to react with the HCl in DOX-HCl. 109  
 The reaction mixture was dialyzed using a MWCO 500 membrane 110  
 against deionized water and anhydrous DMF (1:1) several times in 111  
 room temperature until the solution was totally colorless and 112  
 lyophilized overnight. The protecting group of phDD was cleaved 113  
 just the same as the pH. Then, we precipitated the phDD into 114  
 diethyl ether, centrifuged, and put it into a vacuum for one night to 115  
 get the crude product. The purity and the molecular weight of phDD 116  
 were analyzed by high-performance liquid chromatography (HPLC) 117  
 and ESI-MS, respectively. HPLC was performed using a Gemini-NX 118  
 10  $\mu$ C18 100A column (4.6  $\times$  250 mm) with acetonitrile (0.1% of 119  
 TFA) and water (0.1% of TFA) as the eluent. The gradient was: 0– 120  
 0.01 min 10% acetonitrile and 90% water; 0.01–35 min 90% 121  
 acetonitrile and 10% water; 35.01–40 min 100% acetonitrile. As a 122  
 control, the pHED (DOX-VDEDG-pha) was obtained by a similar 123  
 method. 124

**Characterizations of phDD.** UV–vis absorption spectra were 125  
 acquired via a Nicolet Evolution 300 UV–vis spectrometer (Thermo 126  
 Nicolet, USA). Fluorescence spectra were obtained by analyzing a 127  
 fluorophotometer (RF-5301 PC, Japan) (excitation wavelength: 405 128  
 nm (pha) and 475 nm (DOX-HCl), emission wavelength: 600–750 129  
 nm and 500–650 nm). After phDD was dissolved in PBS buffer (25 130  
 $\mu$ g mL<sup>-1</sup>), the dynamic light scattering was measured by Nano-ZS 131  
 ZEN3600 (Malvern Instruments, UK) at room temperature. The 132  
 morphology of phDD was examined by TEM (JEM-2100 microscope, 133  
 Japan). 134

**Reactive Oxygen Species (ROS) Detection.** An amount of 30 135  
 $\mu$ L of DCFH-DA (1  $\mu$ g mL<sup>-1</sup>, pretreated with NaOH) was mixed 136  
 with 970  $\mu$ L of phDD solution with different treatments and the 137  
 fluorescence intensity at intervals of 5 s using white light (excitation 138  
 wavelength = 488 nm, emission wavelength = 525 nm), PBS, and pha 139  
 (dissolved in PBS) as the control. The ROS generation ability was 140  
 calculated by  $F_t/F_0$  ( $F_0$ : the starting fluorescence;  $F_t$ : the fluorescence 141  
 of samples with various times). 142



**Figure 1.** (a) UV-vis spectra of free pha (black), DOX (red), pHd (dark cyan), and phDD nanoparticles (blue). (b) Fluorescence spectrum of pHd (dark cyan) and phDD (blue). (c) TEM image and (d) hydrodynamic size of phDD solution. (e) Schematic diagram of phDD nanoparticle producing ROS and inducing release of DOX under light irradiation. (f) ROS generation of PBS (black), free pha (red), and phDD (blue) under light irradiation using DCFH-DA as the sensor. (g) HPLC traces of DOX (red), free phDD (blue), and phDD incubated with caspase-3 for 24 h (wine). (h) HPLC traces of DOX (red), free phED (pink), and phED incubated with caspase-3 for 24 h (olive).

**High Performance Liquid Chromatography.** The phED and phDD ( $80 \mu\text{g mL}^{-1}$ ) were incubated with caspase-3 ( $5 \text{ ng mL}^{-1}$ ) in the reaction buffer (50 mM HEPES, 10 mM dithiothreitol, 0.1% CHAPS, 100 mM NaCl, and 1 mM EDTA, pH 7.5) in  $37^\circ\text{C}$ . After 24 h, samples were diluted and characterized by reversed-phase high performance liquid chromatography (RP-HPLC) (Waters XBridge-C18 column). A  $5 \mu\text{L}$  sample was injected on a C18 column equilibrated with a methanol/water (5/95 v/v) mobile phase which contains 0.1% trifluoroacetic acid (TFA). The sample was separated by a linear increase of the methanol concentration by 5% to 100% for 35 min at a flow rate of 1.5 mL/min. The RP-HPLC profile was monitored at a wavelength of 400 nm.

**Western Blot Analysis.** 4T1 cells were seeded in the 6-well plates, and then various samples were added into the different plates when the cells grew to about 70%. About 4 h later, plates were washed with PBS and replaced with fresh DMEM. After that, the plates received light irradiation (633 nm, 50s). After 24 h, the samples were executed to prepare for the standard Western blot procedure.

**Cell Viability Assay.** The cytotoxicity of pHd, phED, and phDD against 4T1 cells was determined by an MTT assay. 4T1 cells were seeded in the 96-well plates, and when the cells grew up to 60–80% in the fields, a series of concentrations of pHd, phDD, or phED were added into the plates. After 4 h incubation, the materials were removed and replaced with  $100 \mu\text{L}$  of DMEM in each hole. The plates received the light irradiation (phDD: 30 s, phED and phDD: 30 s,  $10 \text{ mW cm}^{-2}$ ). Subsequently, the plates were incubated for 1 day. An amount of  $20 \mu\text{L}$  of MTT in each well ( $5 \text{ mg mL}^{-1}$ ) was added. After 4 h, the above solution was replaced with  $150 \mu\text{L}$  of DMSO per well. The optical density (OD) values at 490 nm were recorded by a microplate reader. The relative cell viability was also calculated by the following formula: cell viability (%) =  $\text{OD}_{(\text{sample})} / \text{OD}_{(\text{control})} \times 100\%$ , where  $\text{OD}_{(\text{sample})}$  was the OD value in the presence of sample and  $\text{OD}_{(\text{control})}$  was the optical density in the absence of the sample.

**Colocalization and Separation of Doxorubicin by CLSM.** 4T1 cells were added into the plates. After 24 h, phED, phDD ( $50 \mu\text{g mL}^{-1}$ ), and DOX-HCl ( $18 \mu\text{g mL}^{-1}$ ) were incubated with cells. After 4 h, materials were replaced with DMEM. Hoechst 33342 was used

for labeling the nuclei. Then, the plates were washed by PBS for three times. Cell images were photographed using the CLSM.

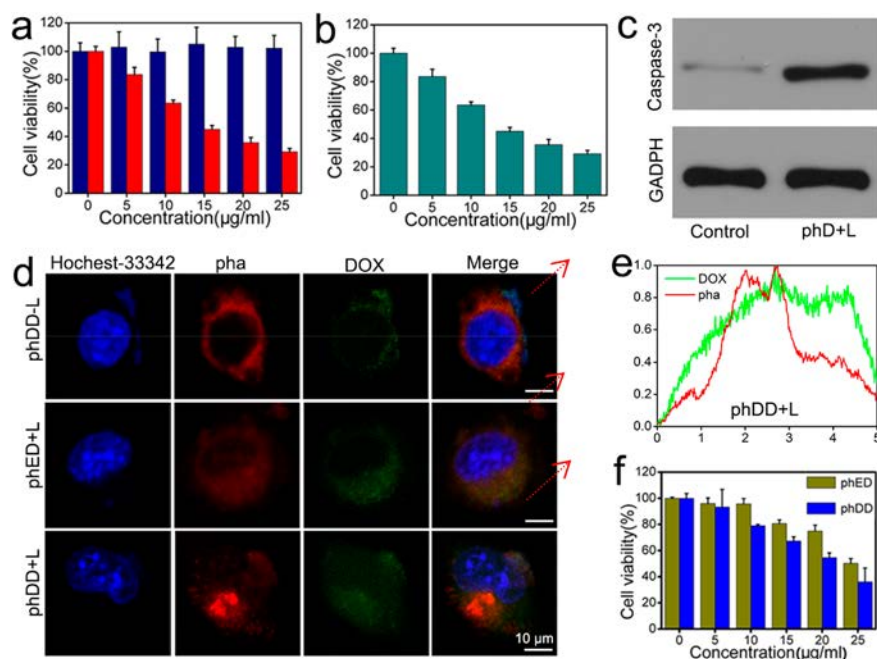
**Calcein AM/PI and Annexin V-FITC/PI Staining.** 4T1 cells were added into the plates. Subsequently, phED, phDD, and DOX-HCl were incubated with the various plates. After 3 h, the solutions were replaced with PBS buffer, and the fresh DMEM was added. The plates were irradiated with light (633 nm, 60s). After 2 h, the cells were stained with Calcein AM ( $1 \times 10^{-6} \text{ M}$ ) and PI ( $4.5 \times 10^{-6} \text{ M}$ ). The images of samples were shot via CLSM (Leica TCS SP8, German) 30 min later.

For the flow cytometry, first, 4T1 cells were seeded in the plates. When the cells were growing up to 60–80%, PBS, phED, phDD, and doxorubicin were added. After 4 h, the samples were removed and replaced with fresh DMEM, and then the plates were irradiated for 20 s. After 12 h, the cells were digested, collected, and stained with Annexin V-FITC/PI in the tubes for about 25 min at room temperature. Finally, the tubes of various samples were tested.

**Pharmacokinetics, Animal Imaging, and Tissue Distributions.** All animal experiments were executed based on the 4T1 tumor-bearing mice (6–8 weeks female BALB/c mice) according to the criteria of The National Regulation of China. For pharmacokinetics study, phDD was injected into 4T1 tumor-bearing mice ( $200 \mu\text{L}$ ,  $1 \text{ mg mL}^{-1}$ ). An amount of  $10 \mu\text{L}$  of blood was collected each time through the tail vein. PBS was added into the samples, and the final volume is  $100 \mu\text{L}$ . To disrupt the cell, they were freeze-thawed several times, and then the samples were received 30 min sonication. Subsequently, they were centrifuged ( $3000 \text{ r/min}$ ) for 5 min and took out the supernatant to measure the amount of pha using the fluorescence spectrum.

For animal imaging and tissue distributions, the mice were injected into phDD nanoparticles ( $250 \mu\text{L}$ ,  $400 \mu\text{g mL}^{-1}$ ) by a tail vein. At the present time, these results of animal imaging were performed utilizing a small animal imaging system. After 24 h, the organs and tumor were flaked from the mice and imaged.

**Antitumor Therapy and Systematic Toxicity *in Vivo*.** An amount of  $5 \times 10^6$  of 4T1 cells was seeded subcutaneously into the female mice. After the tumor model was established, they were 216



**Figure 2.** (a) Cell viability of DOX (red) and phDD nanoparticles (navy) in the dark. (b) Cell viability of phDD (dark cyan) under light irradiation for 30 s ( $633 \text{ nm}$ ,  $10 \text{ mW cm}^{-2}$ ). (c) Western blots of caspase-3 treated with phD + L under light irradiation for 50 s ( $633 \text{ nm}$ ,  $10 \text{ mW cm}^{-2}$ ). (d) CLSM images and (e) line scan results of 4T1 cells after incubation with various samples (phDD-L, phED + L, phDD + L). (f) Cell viability of phED (dark yellow) and phDD (blue) under light irradiation for 30 s ( $633 \text{ nm}$ ,  $10 \text{ mW cm}^{-2}$ ).

217 divided into five groups randomly. For the doxorubicin group,  $42 \mu\text{L}$   
 218 of doxorubicin solution ( $500 \mu\text{g mL}^{-1}$  dissolved in pure water) was  
 219 injected via the abdominal cavity. For phDD and phED groups,  $120$   
 220  $\mu\text{L}$  of solution was injected into the mice through the tail vein ( $500$   
 221  $\mu\text{g mL}^{-1}$ ). After 4 h, the mice received 5 min laser irradiation ( $682$   
 222  $\text{nm}$ ,  $0.2 \text{ mW cm}^{-2}$ ). The volume of the tumor and the weight of mice  
 223 were recorded each day. The size was calculated according to eq 1,  
 224 where  $a$  and  $b$  stand for the length and width of the tumor,  
 225 respectively. Fourteen days later, all of the tumors were excised,  
 226 weighed, and photographed. The whole blood was collected for  
 227 blood analysis and blood biochemical examination.

$$V (\text{mm}^3) = \frac{a \times b^2}{2} \quad (1)$$

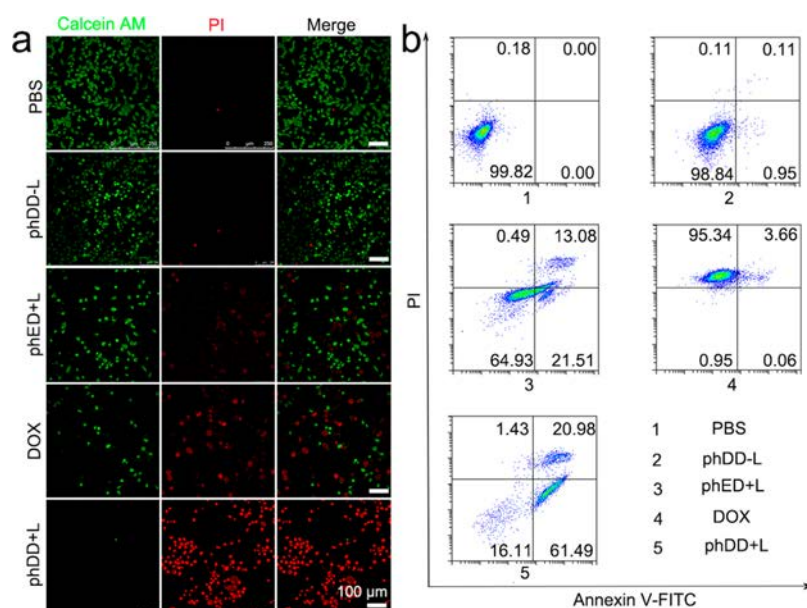
228  
 229 For histological observation, the various organs and tumors were  
 230 collected and added into 4% formalin after the mice were sacrificed.  
 231 Subsequently, the various samples were embedded in paraffin. They  
 232 were sent to Wuhan baiqiandu Biological Technology Co., Ltd. for  
 233 H&E and immunocytochemistry testing.

## 234 ■ RESULTS AND DISCUSSION

235 **Synthesis, Characterization, and Photoactivity Prop-**  
 236 **erties of phDD Nanoparticles.** phDD was synthesized  
 237 through the solid-phase peptide synthesis (SPPS) method  
 238 (Scheme S1).<sup>22</sup> According to Figures S1–S3, the ESI-MS of  
 239 products 1, 2, and 3 (phDD) were shown, respectively, which  
 240 demonstrated that the products 1, 2, and 3 were successfully  
 241 synthesized and had high purity. At the same time, only a  
 242 single peak of phDD can be observed by HPLC, which means  
 243 that high-purity phDD was obtained (Figure S4). As shown in  
 244 Figure 1a, there was a clear UV–vis absorption spectrum at  
 245  $500 \text{ nm}$  in the phDD solution, which indicated that DOX was  
 246 grafted into the peptide. This conclusion can also be drawn  
 247 from the color change of the solution in the inset of Figure 1a.  
 248 At the same time, the UV–vis spectra of phD and phDD  
 249 showed that the pha structure in both was in a well-dispersed  
 250 state with a slight blue shift at  $667 \text{ nm}$  (Figure 1a).<sup>23,24</sup> The

free pha showed two broad peaks around  $667$  and  $685 \text{ nm}$ ,<sup>251</sup>  
 252 which indicated that the pha wAs aggregated. The difference  
 253 was caused by the hydrophobic interaction or  $\pi$ – $\pi$  stacking  
 254 between pha molecules. After pha were modified with the  
 255 DEVD peptide, the carboxyl could reduce the aggregation  
 256 between pha molecules and improve the stability. What's more,  
 257 the fluorescence characteristic peaks of DOX can be detected  
 258 in phDD solution, indicating that DOX was successfully  
 259 coupled with phD (Figures 1b and S5). Transmission electron  
 260 microscopy (TEM) results suggested that the phDD nano-  
 261 particles had reasonable size and good dispersibility (Figure  
 262 1c). The dynamic light-scattering (DLS) results showed the  
 263 size of phDD nanoparticles was  $143 \text{ nm}$  (Figure 1d), and the  
 264 low PDI ( $0.286$ ) suggested the good dispersibility. There may  
 265 exist a discrepancy between TEM and DLS results, as the  
 266 nanoparticles could shrink in the vacuum state.

To evaluate the reactive oxygen species (ROS) generation  
 267 efficiency of the phDD, the ROS test experiments were  
 268 performed using 2',7'-dichlorodifluorescein diacetate (DCFH-  
 269 DA) as the fluorescence probe. As we all know, the DCFH-DA  
 270 could be oxidized and turned into green fluorescence DCF  
 271 when it came across the ROS.<sup>25,26</sup> The amount of ROS  
 272 depends upon the radical intermediates which can be produced  
 273 via the irradiated photosensitizer. The phDD nanoparticles had  
 274 high production efficiency of ROS, which can effectively  
 275 induce apoptosis and further activate the caspase-3 enzyme.  
 276 The activated caspase-3 enzyme would recognize the DEVD  
 277 sequence in the peptide phDD, thereby selectively releasing  
 278 prodrugs through caspase-3 in response to the specific  
 279 sequence (Figure 1e).<sup>27–29</sup> According to Figure 1f, compared  
 280 with the fluorescence intensity of the free pha (dissolved in  
 281 DMSO and dispersed in PBS) and the PBS group, the ROS  
 282 fluorescence intensity of the phDD group increased signifi-  
 283 cantly over time, faster than that of the control group. The  
 284 reason was that the pha structure in phDD nanoparticles 285



**Figure 3.** (a) Calcein AM/PI staining and (b) flow cytometry analysis of the 4T1 cell after incubation with various samples (PBS, phDD – L, phED + L, DOX, and aphDD + L). Scale bar: 100  $\mu\text{m}$ .

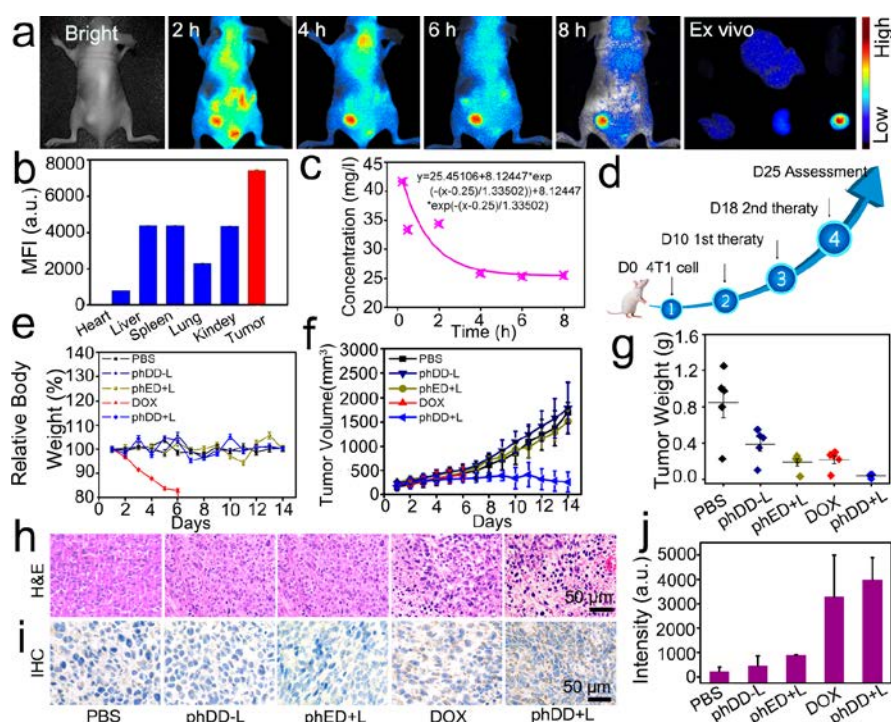
286 remained stable and dispersive, while the free pha aggregated  
 287 due to  $\pi$ - $\pi$  accumulation. Next, HPLC was performed to  
 288 confirm that the caspase-3 could release DOX from the phDD  
 289 nanoparticles. When phDD nanoparticles and caspase-3 were  
 290 incubated together for 24 h, there was a distinctive DOX  
 291 characteristic peak with a retention time consistent with the  
 292 standard. However, after the same treatment of phED  
 293 nanoparticles, no DOX characteristic peak was observed.  
 294 DOX was also not detected in both free phDD and phED  
 295 (Figure 1g and 1h). These results indicated that phDD  
 296 nanoparticles can successfully respond to the caspase-3 enzyme  
 297 after a series of treatments and then release the prodrug  
 298 smoothly.

#### Efficient Photodynamic and Combined Chemotherapy with Low Side Effects *in Vitro*.

300 Considering the good  
 301 dispersity of phDD nanoparticles, the ROS generation ability,  
 302 and the caspase-3-responsive property, a series of cell viability  
 303 experiments were continued to execute to test its biocompat-  
 304 ibility and selectivity. Here, the methyl thiazolyl tetrazolium  
 305 (MTT) assay was used to verify this suspicion. As shown in  
 306 Figure 2a, 4T1 cells were incubated with phDD nanoparticles  
 307 and DOX in the dark, respectively. It was obvious that phDD  
 308 nanoparticles had no toxicity without light irradiation.  
 309 However, the toxicity was much higher than that of phDD  
 310 nanoparticles when DOX was incubated with the cells. The  
 311 results demonstrated that DOX can kill cells at will, but phDD  
 312 nanoparticles can prevent the release of prodrugs to kill cells in  
 313 dark conditions, indicating its potential for low toxicity. Next,  
 314 phDD nanoparticles were used to study apoptosis under light.  
 315 As can be seen from Figure 2b, cell viability depended on the  
 316 concentration of phDD nanoparticles. When the final  
 317 concentration reached 25  $\mu\text{g mL}^{-1}$ , the cell viability was  
 318 reduced to about 30%, which indicated that phDD nano-  
 319 particles had strong cytotoxicity and good photodynamic effect  
 320 when exposed to light. Soon, the feasibility of Western blots of  
 321 caspase-3 were continued to be evaluated after phD was  
 322 exposed to light for 50 s (633 nm, 10  $\text{mW cm}^{-2}$ ). Figure 2c  
 323 showed that the phD could efficiently activate caspase-3  
 324 enzyme under the light irradiation. The release of prodrugs

325 that can specifically respond to light can be further verified by  
 326 confocal laser scanning microscopy (CLSM). After incubating  
 327 cells with various samples, it was clearly shown that the  
 328 fluorescence between DOX and pha was well colocalized in  
 329 cells treated with phDD-L and phED + L (Figure 2d) and had  
 330 fluorescence overlap, respectively (Figures S6a and S6b).  
 331 However, it can be seen from Figures 2d and 2e that phDD +  
 332 L-treated cells had a clear fluorescence separation of green  
 333 (DOX) and red (pha) light, and the released DOX can enter  
 334 the nucleus only after being treated by the phDD + L group.  
 335 All these results indicated that caspase-3 was able to  
 336 successfully cleave the response peptide sequence. Most  
 337 importantly, after cell incubation with phDD and phED  
 338 under light conditions, the cytotoxicity of the phED group was  
 339 significantly lower than that of the phDD group (Figure 2f). All  
 340 these results indicated that phDD can selectively release DOX  
 341 to complete adjuvant therapy.

342 Excited by the above excellent results, the synergistic therapy  
 343 based on the apoptosis behaviors was investigated via the  
 344 CLSM. Calcein AM and pyridine iodide (PI) were employed  
 345 here to evaluate the potential ability of various samples to kill  
 346 tumor cells because the red and green fluorescence could  
 347 reflect the percentage of cell viability. As shown in Figure 3a,  
 348 the red fluorescence intensity of the phDD + L group was  
 349 higher than that of the other groups, indicating that the cells  
 350 died to the greatest extent. Especially in the phDD – L group,  
 351 such a huge difference was caused simply by the lighting  
 352 conditions. Although the phED + L group and the DOX group  
 353 showed mild red fluorescence, these phenomena indicated that  
 354 phDD + L had good ROS production efficiency and can  
 355 effectively release doxorubicin under light irradiation to  
 356 achieve the purpose of combined therapy. Subsequently, the  
 357 flow cytometry was performed to further verify this result.  
 358 According to Figure 3b, cells treated with phDD – L exhibited  
 359 the good survival behavior, and the cells treated with free DOX  
 360 resulted in more than 90% apoptotic cells, which indicated that  
 361 the phDD had outstanding biocompatibility. Cells treated with  
 362 phED + L resulted in 21.5% early apoptotic and 13% late  
 363 apoptotic cells. However, phDD + L treated cells showed a 363



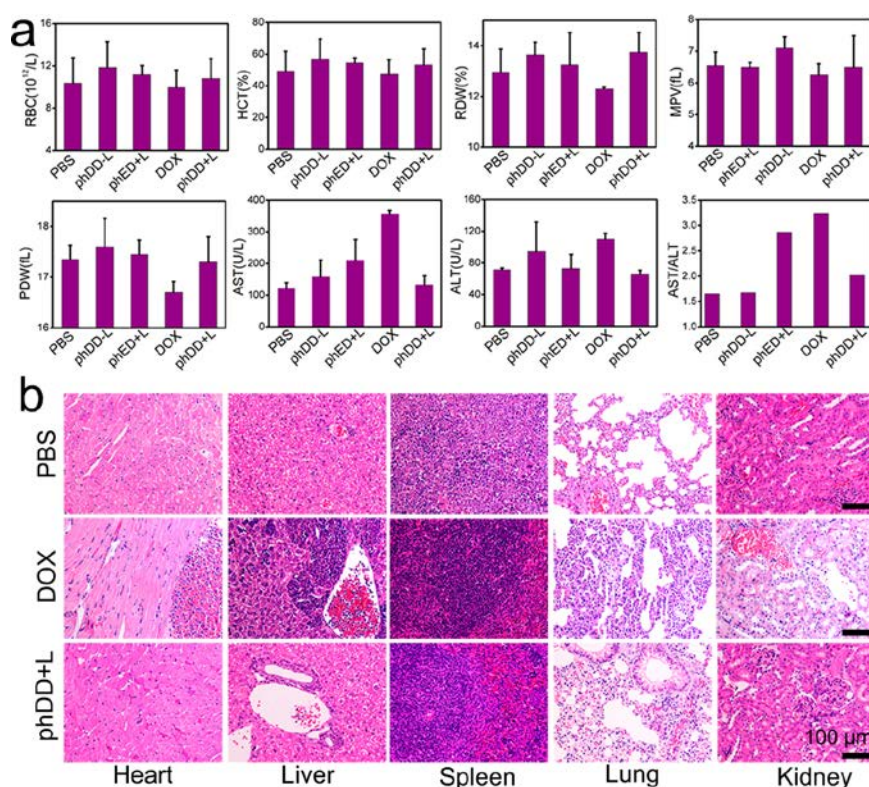
**Figure 4.** (a) Fluorescence imaging of phDD in the tumor site (red circle) at different time points (2 h, 4 h, 6 h, 8 h) and fluorescence imaging of the main organs and tumors after tail vein injection for 24 h. (b) The mean fluorescence intensity of organs and tumor. (c) Pharmacokinetics of phDD after intravenous injection (pha as the fluorescence reference). (d) The workflow of animal therapy experiments and assessment. (e) Relative body weight changes in mice receiving different treatments. (f) After different treatments on the 3rd and 11th days, the tumor volume changed daily within 14 days. (g) Distribution of tumor weight after euthanasia of mice. (h) H&E staining of tumors treated by different therapies. Scale bars: 50  $\mu\text{m}$ . (i) Immunohistochemical staining of caspase-3 in tumor tissues after different therapies. Scale bars: 37.5  $\mu\text{m}$ . (j) The quantitative intensity of caspase-3 expression.

364 higher percentage of apoptotic behavior, which was up to 61%  
 365 early apoptotic cells and 20% late apoptotic cells, respectively.  
 366 The PBS group showed the lowest percentage of apoptosis.  
 367 The CLSM and flow cytometry (Figure 3) results all indicated  
 368 that the combined therapy of photodynamic therapy and  
 369 chemotherapy was selectively activated by light and had an  
 370 excellent outcome.

371 **High Tumor Targeting and Antitumor Therapy**  
 372 **Studies in Vivo.** Subsequently, tumor targeting of phDD  
 373 was monitored by small animal imaging system. After the 4T1  
 374 tumor-bearing nude mouse was intravenously injected with  
 375 phDD, the mouse was imaged at an interval of 2 h. As shown  
 376 in Figure 4a, the fluorescence imaging was gradually enhanced,  
 377 reached a maximum at 4 h, and remained stable after 6 h. After  
 378 8 h, there was almost no fluorescence in the body of the  
 379 mouse, while the fluorescence in the tumor site kept steady,  
 380 which indicated the good tumor targeting of phDD. The good  
 381 targeting ability of phDD nanoparticles in the tumor resulted  
 382 from the carboxyl groups in phDD. The carboxylate radical  
 383 could be rapidly protonated to neutral carboxylic acid  
 384 [COOH] at the tumor extracellular acidic microenvironment,  
 385 which increased the hydrophobicity of phDD and drove the  
 386 internalization of phDD, resulting in higher tumor accumu-  
 387 lation.<sup>30,31</sup> After 24 h, the mice were euthanized, and the major  
 388 organs and tumors were imaged. It was found that the drug can  
 389 be retained in the tumor tissue for a long time. The  
 390 semiquantitative calculation of the mean fluorescence intensity  
 391 (MFI) values showed that the MFI at the tumor was higher  
 392 than the MFI of organs, even twice as high as the MFI of the  
 393 main metabolic organs (kidney, liver, and spleen) (Figure 4b).

This result was also significantly higher than our previous 394  
 works (Zhang et al.) about tumor-targeted delivery.<sup>32,33</sup> The 395  
 pharmacokinetics in Figure 4c indicated that phDD could 396  
 quite steadily stay in the blood. All these results showed the 397  
 phDD had an outstanding tumor targeting ability and stability. 398

Next, the antitumor efficiency of photodynamic and chemo 399  
 combined therapy was executed. The mice were divided into 400  
 five groups (PBS, phDD - L, phED + L, DOX, phDD + L). All 401  
 mice were inoculated with 4T1 tumor cells. After 7 days of 402  
 growth, the average tumor volume reached  $206 \pm 71 \text{ mm}^3$ . 403  
 When the tumor model was established, the treatment was 404  
 performed according to the experimental procedure of Figure 405  
 4d. The corresponding treatments were performed on the 10th 406  
 and 18th days, respectively. The therapeutic effect of the mice 407  
 was evaluated on the 25th day. Meanwhile, the tumor volume 408  
 and body weight were measured each day during the therapy. 409  
 According to Figure 4e, the mice body weight almost kept 410  
 steady, except for the DOX group, and the mice of the DOX 411  
 group only survived 6 days after performing the therapy, as the 412  
 DOX caused severe toxicity. On the other hand, the other 413  
 groups all survived during this process. The above results 414  
 indicated that the phDD had high biocompatibility without the 415  
 light, while DOX had strong systematic toxicity, as it is 416  
 nontargeting. Next, the tumor volume of various samples was 417  
 measured as Figure 4f shows. PhDD + L-treated mice showed 418  
 the most enhanced antitumor efficiency. Based on the 419  
 differences of volume, the phDD+L group was  $206 \pm 202$  420  
 $\text{mm}^3$ . There may exist the diffusion of the activated DOX into 421  
 the adjacent tumor site to cause the sequential events.<sup>34</sup> 422  
 However, the PBS group even grew up to  $1690 \pm 216 \text{ mm}^3$  in 423



**Figure 5.** (a) Whole blood tests and biochemical blood indicators of mice treated with various samples. (b) The H&E staining of main organs after mice treated with various samples.

424 the last day, which was eight times more than the volume of  
 425 the phDD + L group. The mice were sacrificed, and the main  
 426 organs and tumor were gained after 14 days' treatment.  
 427 According to Figures 4g and S7, the tumor weight and  
 428 photographs indicated that phDD could effectively kill tumor  
 429 cells, while other groups were unsatisfactory. What's more,  
 430 H&E staining and immunohistochemical (IHC) analyses were  
 431 adopted to evaluate the therapy outcome. Hematoxylin-eosin  
 432 (H&E) staining (Figure 4h) gave the apparent evidence that  
 433 there existed severe cell death in the tumor treated with the  
 434 phDD + L group compared to the PBS and other groups, and  
 435 the IHC analyses (Figure 4i) also confirmed there existed an  
 436 increase of caspase-3 enzyme in the tumor site treated with the  
 437 phDD + L group. While the PBS group showed little caspase-3  
 438 expression, the DOX group showed a slight increase of  
 439 caspase-3. The quantitative of IHC analyses also clearly  
 440 indicated the enhanced caspase-3 expression treated with  
 441 phDD + L (Figure 4j), which was because of the outstanding  
 442 combined therapy.

443 **Systematic Toxicity Analysis.** Finally, the complete blood  
 444 panel test and blood biochemical examination were conducted  
 445 to verify the systemic toxicity. As Figure 5a showed, all the  
 446 parameters treated with free DOX of blood panel were slightly  
 447 lower than other groups, while the group of phDD + L had no  
 448 significant difference compared to the PBS and others. The  
 449 blood biochemical examination results of free DOX were  
 450 significantly higher than the PBS and phDD + L group, which  
 451 indicated the potential systemic toxicity of free DOX. The  
 452 main organs of H&E staining also demonstrated that there  
 453 existed severe damage treated with free DOX. Due to the slight  
 454 congestion in the heart, there was a slight decrease in  
 455 cellularity in the spleen, change in cellularity, and crowded  
 456 nuclei in the liver, which may suggest tumor metastasis

(Figures 5b and S8). All these above results demonstrated that  
 457 phDD could protect the prodrug from killing normal cells, and  
 458 the controllable light could activate the release of DOX. Free  
 459 DOX had the enhanced systematic toxicity. This method of  
 460 light-responsive prodrug was meaningful in clinical therapy. 461

## CONCLUSIONS

462  
 463 In summary, a photosensitizer–drug conjugate that responds  
 464 to a series of light-induced cascade events can be selectively  
 465 activated at the tumor site for low side effect drug release and  
 466 effective combination therapy. This conjugate could self-  
 467 assemble into the spherical nanoparticle under physiological  
 468 conditions and efficiently target the tumor site. Upon the  
 469 controlled light irradiation, the phDD nanoparticles could  
 470 activate caspase-3 and subsequently prodrugs. This strategy  
 471 could significantly reduce the systemic toxicity without  
 472 impairing the PDT efficiency. Both *in vitro* and *in vivo* results  
 473 demonstrated the suppression of tumor growth with ultralow  
 474 systemic toxicity. This research could solve the unavoidable  
 475 systemic toxicity and inefficient PDT chemotherapy in  
 476 traditional drug delivery systems (DDSs), which can give a  
 477 promising approach for controllable drug activation and more  
 478 effective PDT/chemo combination therapy.

## ASSOCIATED CONTENT

### Supporting Information

480  
 481 The Supporting Information is available free of charge at  
 482 <https://pubs.acs.org/doi/10.1021/acsabm.0c00122>.

483 Scheme of phDD synthesis; HPLC and ESI-MS of  
 484 phDD; fluorescence spectrum of phD and phDD;  
 485 CLSM line scan images of phDD – L and phED + L  
 486 group; photograph of tumor treated with various

487 samples; H&E staining of pHDD – L and pHED + L  
488 group (PDF)

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### 521 Notes

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